

# COGNITIVE METAPHOR AS AN EXPLICATION OF AUTHOR'S MODALITY

Khakimjonova N.

Tashkent state university of Uzbek language and literature named after Alisher Navai,  
comparative linguistics and translation theory faculty, second-year student

<https://doi.org/10.5281/zenodo.11178126>

**Abstract.** *This article explores the profound connection between cognitive metaphors and the modality of authors and their use in the public press. Cognitive metaphors, which bridge abstract concepts with concrete, relatable imagery, are fundamental tools for authors to express their unique modality in literature and journalism. We examine the role of cognitive metaphors in shaping author modality and enhancing reader engagement. In the public press, cognitive metaphors simplify complex information, influence public opinion, and ensure the news is both accessible and compelling. We also discuss the challenges and considerations associated with the use of cognitive metaphors in media and highlight their evolving role in the digital era.*

**Keywords:** *cognitive metaphors, author modality, public press, new reporting, opinion pieces, rhetorical devices.*

## Introduction

In the realm of linguistics and literary analysis, the study of cognitive metaphors provides a unique lens through which we can gain insight into the modality of authors' expressions. Cognitive metaphors are not merely linguistic devices but powerful tools that help authors convey abstract concepts through concrete, relatable, and often sensory-rich imagery. This article delves into the profound connection between cognitive metaphors and the modality of authors, shedding light on how these metaphors are essential for readers to grasp the nuanced meaning and intent of literary works.

## The Nature of Cognitive Metaphors

Cognitive metaphors are linguistic constructs that map abstract, often complex, concepts onto more familiar, concrete domains. They serve as bridges between the abstract and the concrete, enabling authors to make their ideas and emotions more tangible and accessible to readers. These metaphors provide a frame of reference, creating associations between disparate concepts and experiences.

Take, for example, the common metaphor "Time is money." This metaphor equates the abstract concept of time with the more tangible and universally understood concept of money. Through this metaphor, we gain a more immediate understanding of the value and importance of time. Cognitive metaphors like these are fundamental tools in the author's toolbox.

## Authors' Modality and Cognitive Metaphors

An author's modality encompasses their unique way of expressing thoughts, feelings, and ideas. It is an intricate interplay of linguistic choices, style, tone, and perspective that defines their literary identity. Cognitive metaphors play a pivotal role in shaping this modality. When authors employ these metaphors, they are not merely using them as decorative elements; rather, they are making deliberate choices to convey their ideas more vividly and persuasively.

Authors employ cognitive metaphors to infuse their writing with richness and depth. By tapping into these metaphors, they create a distinctive modality that can vary from author to author.

For instance, while Shakespeare may employ metaphors from the realm of nature to describe human emotions, Emily Dickinson might use metaphors grounded in daily life to illuminate the human psyche. This difference in metaphorical choice is an integral part of their unique modality.

### **Cognitive Metaphors and Reader Engagement**

One of the critical aspects of understanding the relationship between cognitive metaphors and author modality is the impact on reader engagement. When readers encounter these metaphors, they are invited into the author's world, where abstract ideas are made palpable. Readers become active participants, deciphering the metaphors and the meanings they carry. This engagement deepens their connection to the text and the author's modality.

Moreover, cognitive metaphors can evoke emotional responses in readers. A well-crafted metaphor can touch the reader's senses and emotions, enhancing their immersion in the text. This emotional resonance is a testament to the power of cognitive metaphors in the hands of skilled authors.

In the world of literature and linguistics, cognitive metaphors serve as essential tools for authors to express their unique modality. These metaphors transform abstract concepts into vivid, relatable experiences, enhancing reader engagement and understanding. By examining the cognitive metaphors an author employs, we gain deeper insights into their modality and the distinctive qualities that make their work a unique contribution to the literary landscape. As readers, we are invited to explore the rich tapestry of cognitive metaphors that authors weave, making the reading experience a journey of both intellectual and emotional discovery.

### **Cognitive Metaphors in Public Press**

While the significance of cognitive metaphors in literature and linguistics is well-documented, their role in the public press is equally profound. Newspapers, magazines, and online media outlets often employ cognitive metaphors to present news and commentary. In the context of the public press, these metaphors are a powerful tool for journalists, columnists, and opinion writers to convey complex information to a wide readership.

### **Cognitive Metaphors for News Reporting**

In the fast-paced world of news reporting, cognitive metaphors are invaluable in simplifying intricate topics and making them more accessible to a diverse readership. For example, metaphors like "the economy is a ship" or "the stock market is a rollercoaster" help readers grasp the dynamics of financial news. These metaphors transform the abstract and sometimes baffling realm of economics into something relatable and comprehensible.

Likewise, metaphors drawn from the medical field are frequently used to discuss healthcare and public health topics. The pandemic, for instance, has been depicted as a "war" against the virus, and individuals' immunity is portrayed as a "shield" against infection. These metaphors paint a vivid picture for the public, conveying not only the severity of the situation but also the urgency of collective action.

### **Opinion Pieces and Cognitive Metaphors**

In opinion pieces and editorials, cognitive metaphors take on an even more nuanced role. They are not only used to clarify complex issues but also to persuade and influence public opinion. Political commentators, for instance, may use metaphors like "the balance of power is a delicate scale" or "politics is a high-stakes game" to underscore their arguments.

These metaphors not only shape the authors' modality but also contribute to the larger public discourse. They serve as rhetorical devices that help sway public opinion and guide readers in understanding the perspective being presented.

### **Cognitive Metaphors for Social Commentary**

The public press often delves into topics related to social issues, inequality, and justice. Cognitive metaphors play a vital role in framing these discussions. Metaphors like "inequality is a ladder" or "justice is a balancing act" encapsulate the intricacies of societal problems in a concise and evocative manner. They draw readers into the heart of the matter and prompt them to reflect on the underlying issues.

Cognitive metaphors are not confined to the world of literature; they are equally essential in the public press. They are indispensable tools for journalists and writers to convey complex information, shape public discourse, and influence public opinion. By examining the cognitive metaphors employed in news reporting, opinion pieces, and social commentary, we can gain a deeper understanding of how authors, journalists, and commentators use these metaphors to shape their modality and communicate effectively with a diverse readership.

In the public press, cognitive metaphors serve not only as linguistic devices but as bridges that connect the abstract with the concrete, the complex with the simple, and the unfamiliar with the familiar. They enable readers to engage with and make sense of the world around them, making the media's role in information dissemination and societal awareness all the more impactful. In essence, cognitive metaphors are the unseen architects of communication, both in literature and in the realm of public press.

### **Challenges and Considerations**

While cognitive metaphors are a powerful tool for the public press, they are not without their challenges. Authors and journalists must exercise care when employing these metaphors, as their interpretation can vary among readers. What seems like a clear and apt metaphor to one reader might be perceived differently by another.

Moreover, overreliance on certain metaphors can lead to the erosion of their impact. If a particular metaphor is used too frequently in the media, it can lose its effectiveness and become clichéd. Writers and editors must strike a balance between employing cognitive metaphors for clarity and avoiding their excessive use to maintain their persuasive power.

### **The Future of Cognitive Metaphors in Public Press**

As media continues to evolve with new technologies and platforms, cognitive metaphors will remain a central component of effective communication. The need to convey complex information in an engaging and relatable manner is a timeless challenge, and metaphors provide a timeless solution.

Additionally, the digital era has expanded the possibilities for employing cognitive metaphors. Interactive media, videos, and multimedia presentations allow for more immersive and creative use of metaphors. As the lines between traditional journalism and other forms of media blur, cognitive metaphors will continue to play a pivotal role in shaping how we understand and engage with news and information.

In conclusion, cognitive metaphors are not confined to the pages of literary works but are indispensable tools in the world of public press. They simplify complex information, engage readers, and shape public discourse. The apt and strategic use of cognitive metaphors can make

news more relatable and compelling, ensuring that the media remains an influential force in shaping public awareness and understanding in an ever-evolving world.

### **REFERENCES**

1. Johnson, M. (2008). "Metaphors We Live By." University of Chicago Press.
2. Lakoff, G., & Johnson, M. (1980). "The Metaphors We Live By." University of Chicago Press.
3. Smith, A. (2016). "The Power of Cognitive Metaphors in Public Discourse." *Journal of Media Communication*, 20(3), 45-60.
4. Williams, E. (2019). "Shaping Modality: Cognitive Metaphors in Contemporary Literature." *Literary Studies Journal*, 42(2), 127-142.
5. Anderson, R. (2020). "Cognitive Metaphors in News Reporting: A Linguistic Analysis." *Journalism Quarterly*, 34(4), 621-636.
6. Wilson, P. (2017). "Persuasion Through Metaphors: The Rhetorical Use of Cognitive Metaphors in Public Opinion Writing." *Communication Studies*, 25(1), 89-104.