

DRUG ADDICTION AS A SOCIAL-PSYCHOLOGICAL PROBLEM

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Abstract. *This article discusses the problem of drug addiction, its negative consequences, social factors of personality change under the influence of drugs, and the impact of drug addiction on people and society.*

Keywords: *socio-psychological problem, psychotropic substance addiction, consequences of drug addiction, addictive behavior problem, rehabilitation measures.*

Drug addiction is a disease caused by addiction to a narcotic or psychotropic substance. Currently, the problem of drug addiction is increasing due to the speed of the spread of drugs, the presence of drugs on the market, the increase in their volume, the flow of synthetic psychoactive substances, and the emergence of the practice of using several substances at the same time. Social factors of personality change under the influence of drugs affect not only the addicts themselves, but also the surrounding people and society.

Drug addiction is one of the problems that has had a serious negative impact on the lives of people all over the world for many years. It is a complex and progressive disease that can cause physical, mental and emotional distress in many aspects of some young people's lives. It is often difficult to overcome and requires a comprehensive approach that includes medical and psychological treatment.

Unfortunately, in recent years, young people and individuals who use natural and synthetic drugs are increasing all over the world, including in our republic.

The consequences of drug addiction are very wide and can affect the family, its members, and later the life of society. There is a possibility that they may have health and interpersonal problems, financial difficulties and even legal problems. It is often observed that people who are addicted to drugs have a hard time living in society and pose a danger to those around them. They also have difficulty establishing relationships with others in accordance with the book.

Drug addiction is one of the forms of addictive behavior, as a result of the development of addiction to drugs is their continuous consumption, and as a result of addiction, pathological changes are manifested in the medical and social spheres of the personality structure. The development of this phenomenon has several stages: the first drug test, research and the last stage - the transition to the disease. The last stage of the disease is the most terrible and dangerous, it leads to the failure of all body systems and causes a deep social decline.

The problem of addictive behavior has been repeatedly studied by many scientists as a research topic. This type of behavior is characteristic of individuals who exhibit the characteristics of alcoholism, smoking, drug addiction, computer game addiction (igromania), gambling, and food addiction. And we want to shed light on drug addiction in our research.

Taking into account the demographic characteristics of our country, one of the most important issues of strategic theoretical and practical importance is the task of raising a well-

rounded generation. In the current era of globalization, the struggle for the human mind and soul is fiercely waged by various means and methods.

These actions directly involve young people and lead to the formation of negative aspects such as the narrowing of the circle of social relations, changes in the content of values, the development of negative character traits, living with the present and not worrying about the future. As a result, cases such as exposure to destructive influences and manifestation of addictive behavior are observed among young people. In this regard, a number of scientific researches have been carried out by foreign countries, including our republic, and socio-psychological factors, statistical, legal and territorial characteristics aimed at the origin of this problem are being thoroughly studied.

G. B. Shoumarov, E. Goziev, V. M. Karimova, N. S. Safaev, B. M. Umarov, R. S. Samarov, Z. T. Nishonova, N. A. Soginov, T. Malikova, A. Kh. Yugay, S. M. Toychieva, D. Kh. Karshibaeva, G. K. Tolaganova, U. D. Kadirov, K. A. Kadirova, K. A. Ruhieva, Z. F. Kamaletdinova, E. According to psychologists of Uzbekistan and Russia, such as Kuljonov, N. Komilova, K. Farfiyeva, Sh. F. Mustafaeva, consciousness, behavior and character are controlled by activities in the micro and macro environment.

Including, in the analysis of socio-psychological problems arising as a result of addictive behavior, F. V. Bassin, D. Carnegie, E. Shostrom, A. Maslow, P. M. Granovskaya, E. Bern, I. A. A number of such as Nevsky, Z. A. Astemirov, V. N. Myasishchev, K. E. Igoshev, L. M. Zyubin, A. Buryak, E. N. Volkov, G. G. Bochkareva, E. B. Melnikova it should be noted that foreign scientists have conducted studies.

In modern science, an approach to drug addiction from an addictive point of view is increasingly important, and that it is one of the forms of deviant behavior.

There are several aspects of the drug problem today:

1. The social aspect of the problem (understanding the complexity of the relationship between a person who uses drugs and society);
2. Moral aspect (the moral foundations of values gradually disappear, the need for drugs becomes the main meaning of life, the value of life becomes secondary and insignificant);
3. Economic aspect (the development of drug addiction leads to a decrease in motivation to work and the ability to work; a large amount of money is spent from the state budget to reduce drug trafficking and treat drug addiction patients, but this does not lead to sufficient results);
4. Demographic aspect (due to the fact that men are more likely to be drug addicts in most cases, drug addiction affects the reduction in the number of births and leads to an increase in the number of single women and single-parent families);
5. Political aspect (the problem of drug addiction is one of the urgent problems of the state and is among the problems that seriously hinder the country's development);
6. International aspect (drug addiction leads to the globalization of criminal relations, which negatively affects the politics of individual countries or regions);
7. Medical aspect (drug addiction treatment is not effective enough in terms of treatment and rehabilitation and prevention).

In general, drug addiction as a harmful phenomenon penetrates and affects all social aspects of society. This is a sad phenomenon that can be faced by people of any age, and the most frightening thing is the tendency of young people to become drug addicts. Therefore, we need to analyze the psychological reasons why young people take drugs.

The psychological reasons why young people take drugs are:

1. Emotional laziness, aggression and intolerance, weak adaptive ability, inability to effectively communicate interpersonally;
2. Curiosity;
3. A negative example of an adult ideal for a teenager;
4. Non-interference of relatives and family members in the situation related to adolescent problems (this also plays a role in the introduction of drug addiction by adolescents. Young people often feel useless in such situations and try to express themselves in this way).

Addiction treatment often includes a complex of multifaceted activities, medication, psychological therapy, and social support. Medications can help reduce cravings, while psychotherapy and counseling can help people change their behavior, reorient themselves, and learn to cope with their addiction. Social support is important in helping people change their lifestyles in a positive direction and help them recover and rehabilitate.

In order to put an end to drug addiction among young people, it is necessary to carry out necessary preventive measures in time. Prevention is of great importance in the fight against youth addiction and can be divided into three stages:

- the first stage - to be aware of the initial stages of drug addiction and take appropriate measures;
- the second stage - stopping the development of the disease and warning the person about its complications;
- the third stage - application of complex rehabilitation measures to the patient.

As noted, drug addiction is a serious problem that requires a comprehensive approach to its solution. Special treatment for drug addicts, young people who consume synthetic and natural drugs, young people who are addicted to drugs or who are at risk of becoming drug addicts, providing medical, psychological, socio-psychological, pedagogical, legal and other assistance to individuals. is one of the issues that are becoming more urgent.

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