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# TENDENCIES AND EMOTIONAL CHANGES IN THE COMPOSITION ART OF FUTURE MUSIC TEACHERS

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**Abstract.** The article explores the tendencies and emotional changes in the composition art among future music teachers. It highlights the importance of these factors in the process of education and emphasizes the influence of temperament and experience.

**Keywords:** composition, inclination, psychosomatics, seismic trembling, emotion, sanguine, choleric, phlegmatic, melancholic, temperament, influence, experience.

# **INTRODUCTION**

In today's rapidly changing world, improving the quality of education holds significant importance. In this regard, the address of the President of the Republic of Uzbekistan to the Oliy Majlis and the people of Uzbekistan emphasizes the need to foster interest in craftsmanship, art, and culture among our children. Therefore, it is crucial to develop our national cultural heritage, as inherited from our ancestors, by exploring its analytical, creative, pedagogical, psychological, and methodological aspects and applying them in our spiritual upbringing.

### **SIGNIFICANCE**

With a focus on receiving recognition and awards, it is essential to cultivate our teachers' professional and creative abilities, as mentioned in the address, to ensure the comprehensive development of our students. By investigating the tendencies and emotional changes in the composition art, we can effectively contribute to the pedagogical and psychological aspects of education, fostering a deeper understanding of the influence of temperament and experience.

Since modern educational institutions aim to shape students' musical thinking through quality education, it is possible to state that the future music teachers in the field of composition should familiarize themselves closely with the treasures of our national music art. By closely studying the works created by renowned artists and their successful contributions to the field of composition through their creative paths, tendencies and emotional changes in the composition art can be clearly observed.

In this regard, the spiritual power of compositional tendencies attributed to Tavakkal Kodirov helps to uplift the inner world of young people who listen to the works performed by his skillful hands. It serves as a significant foundation for fostering the beauty in the free thinking and creative initiative of the future generations of Uzbekistan.

Furthermore, Tavakkal Kodirov's creative example plays a significant role in demonstrating the tendencies in the art of composition among future music teachers. It helps them deeply understand and nurture their intellectual and spiritual abilities, as well as enables them to embrace high aspirations based on their potential opportunities.

In this context, during practical activities on the subject of "Repertoire Selection in Music Lessons" with the 1st-year students of the Music Education and Culture Department at Fergana State University, a psychosomatic test was conducted based on the performance of the piece "Ey Sabo" (lyrics by Alisher Navoi, music by Doni Zokirov) by Uzbekistan People's Artist Tavakkal Kodirov. The aim of the test activity was to identify social and psychological changes based on

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the opening process. The test measurements and the degree of influence on social and psychological activities were assessed through a five-point system. A total of 29 student participants took part in the test activity.

The purpose of our conducted experimental tests was communicated to the participants in advance, and the presentation of the piece was demonstrated through audiovisual techniques. During this process, the assessment of personal social and psychological changes in the piece was carried out. The evaluation of the "inspiring" qualities of the piece resulted in the following scores: "uplifting" - 94 points, "enlightening" - 30 points, "beautifying" - 54 points, "compassionate" - 50 points, "inspiring" - 51 points, "unifying" - 12 points, "optimizing" - 29 points, "healing" - 38 points, "empowering" - 43 points, "essential" - 63 points, "soulful" - 81 points, "enlightening" - 32 points, "comforting" - 83 points, "energizing" - 67 points, "stimulating" - 55 points, "accelerating" - 50 points, "memorizing" - 68 points, "balancing" - 60 points, "invigorating" - 80 points, "calming" - 61 points, "organizing" - 32 points, "transforming" - 25 points, "motivating" - 79 points, "transient" - 22 points, "unique" - 42 points, "limited" - 32 points, "clear" - 39 points, "absorbing" - 36 points, "extraordinary" - 56 points, and "remarkable" - 67 points.

It can be said that in the atmosphere of the audience composed of selected participants in terms of identifying social, psychological, professional, and ethical changes through the art of music, a sense of purity was established.

The observations of the passage of the emotions of the streets through the seismic trembling of the hand were conducted with the participation of the 1st-year students of the Music Education and Culture Department at Fergana State University, 22.30 group. The obtained results are presented in the following tables.

Table №1 Changes in emotional feelings under the influence of classical singing (conditional number)

last name	At rest	When listening to	After listening to
		classical music	classical music
Abdullayeva Taxmina	25	18	22
Muradjon qizi			
Abdulxamidov Ravshanbek	25	24	21
Rajabali oʻgʻli			
Abdusalomov Otabek Ozodbek	25	29	33
oʻgʻli			
Burxonova Xurshidaxon	26	33	32
Shavkatjon qizi			
Ergasheva Diyoraxon	30	26	26
Bahodirjon qizi			
Ikromova Farangis Yigitali qizi	32	17	37
Inomjonov Dilshodjon	33	39	38
Abdumutal oʻgʻli			
Jo'Raboyeva Madinaxon	35	39	41
Farxodjon qizi			
Karimova Iroda Qosimjon qizi	35	33	26
Komilova Gulnozaxon	44	31	33
G'Ayratjon qizi			
	Abdullayeva Taxmina Muradjon qizi Abdulxamidov Ravshanbek Rajabali oʻgʻli Abdusalomov Otabek Ozodbek oʻgʻli Burxonova Xurshidaxon Shavkatjon qizi Ergasheva Diyoraxon Bahodirjon qizi Ikromova Farangis Yigitali qizi Inomjonov Dilshodjon Abdumutal oʻgʻli JoʻRaboyeva Madinaxon Farxodjon qizi Karimova Iroda Qosimjon qizi Komilova Gulnozaxon	Abdullayeva Taxmina Muradjon qizi Abdulxamidov Ravshanbek Rajabali oʻgʻli Abdusalomov Otabek Ozodbek oʻgʻli Burxonova Xurshidaxon Shavkatjon qizi Ergasheva Diyoraxon Bahodirjon qizi Ikromova Farangis Yigitali qizi JoʻRaboyeva Madinaxon Farxodjon qizi Karimova Iroda Qosimjon qizi Komilova Gulnozaxon 44	Abdullayeva Taxmina Muradjon qizi  Abdulxamidov Ravshanbek Rajabali oʻgʻli  Abdusalomov Otabek Ozodbek oʻgʻli  Burxonova Xurshidaxon Shavkatjon qizi  Ergasheva Diyoraxon Bahodirjon qizi  Ikromova Farangis Yigitali qizi Ikromova Dilshodjon Abdumutal oʻgʻli JoʻRaboyeva Madinaxon Farxodjon qizi  Karimova Iroda Qosimjon qizi  Komilova Gulnozaxon  44  31

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11	Mamirova Xurshidaxon	45	30	42			
	Murodil qizi						
12	O'Rinboyeva Diyoraxon	47	40	36			
	Salimjon qizi						
13	Poziljonova Halimaxon	48	38	34			
	Soyibjon qizi						
14	Rasuljonova Yorqinoy	51	44	32			
	Muxtorjon qizi						
15	RoʻZibayeva Sarvinoz	55	25	34			
	Nuriddin qizi						
16	Sobirova Dildoraxon	57	40	32			
	Abdug'Affor qizi						
17	Tursunova Gulasal Bobomurod	59	37	29			
	qizi						
18	Tursunova Zebiniso Lutfullo	60	42	37			
	qizi						
19	Xasanova Sevaraxon Azamjon	72	26	32			
	qizi						
20	Xidoyatillayeva Zuxraxon	75	30	21			
	Baxodir qizi						
	эх=	879	641	638			
	X = 43.95   32.05   31.9						

X= 43,95 32,05 31,9 In interest: 100% 73,9% 22,01% The difference: -27,1 % 27,9

It can be seen from the table 1 that if we take the emotional tension in 44 conditional numbers that appeared before 20 students listened to the song "Ey Sabo" performed by the People's Artist of Uzbekistan Tavakkal Kadirov as 100%, it decreased to 73.9% and 26.01% while listening to this song, reduced tensions and dropped to 72.5% by a certain time and remained at 27.05%.

Table №2

Changes in emotional feelings in students with different nervous systems under the influence of professional-ethical singing

№	Temperament	Background			When listening to			After listening to					
					classical music			classical music					
		Ex	Н	X	%	Е	Н	X	%	Е	Н	X	%
1	Sanguine	58	2	29	19,1	68	2	34	27,7	71	2	35,5	26,5
2	Choleric	266	6	44,3	29,16	206	6	34,3	28	178	6	29,6	22,13
3	Phlegmatic	123	3	41	26,9	77	3	25,6	20,8	86	3	28,6	21,39
4	Melancholy	113	3	37,6	24,75	86	3	28,6	23,34	120	3	40	29,9

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As can be seen from the table, classical singing in Sanguines increased emotional stress by 17.2%, and after singing it increased by 22.4%, due to the rapid reactivity characteristic of their temperament.

In students with choleric nervous system, it decreased by 22.6% after chanting and further decreased to 33.2% after chanting.

In phlegmatic students, chanting reduced emotional distress by 37.6%, and this condition recovered slightly after chanting, but still persisted to 30.3%.

In students with a melancholic nervous system, emotional tension was reduced by 24.94% under the influence of classical music and increased by 6.3% after music.

# Strong, dynamic balanced (sanguine)

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№	last name	Background	When listening to	After listening to
			classical music	classical music
1.	Xidoyatillayeva	33	39	38
2.	Zuxraxon Baxodir qizi			
3.	Xasanova Sevaraxon	25	29	33
4.	Azamjon qizi			
	Ехи	58	68	71
	X	29	34	35,5

In interest: 100% 117,22% 122,4 The difference: +17,2% + 22,4%

# Strong, unbalanced (choleric)

No	last name	Background	When listening to	After listening to
		8	classical music	classical music
1.	Abdullayeva Taxmina	35	33	26
2.	Muradjon Qizi	55	25	34
	Abdulxamidov Ravshanbek	51	44	22
3.	Rajabali oʻgʻli	30	26	26
4.	Abdusalomov Otabek	47	40	36
5.	Ozodbek oʻgʻli	48	38	34
6.	Burxonova Xurshidaxon	46	38	34
7.	Shavkatjon qizi	48	38	36
8.	Ergasheva Diyoraxon			
	Bahodirjon Qizi			
	Ikromova Farangis Yigitali			
	Qizi			
	Poziljonova Halimaxon			
	Soyibjon qizi			
	Rasuljonova Yorqinoy			
	Muxtorjon qizi			
	Ехи	266	206	178
	п	6	6	6
	X	44,3	34,3	29,6
In	interest: 100	77.4	66.8	

In interest: 100 77,4 66,8 The difference: -22,6 -33,2

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Strong, balanced inert (phlegmatic)

No	last name	Background	When listening to	After listening to
			classical music	classical music
1.	Inomjonov Dilshodjon	26	33	32
2.	Abdumutal oʻgʻli	25	18	22
3.	JoʻRaboyeva Madinaxon	77	26	32
4.	Farxodjon qizi	60	26	25
5.	Karimova Iroda Qosimjon	26	24	26
	qizi			
	Oʻzibayeva Sarvinoz			
	Nuriddin qizi			
	Sobirova Dildoraxon			
	Abdug'Affor qizi			
	Ехи	123	77	86
	X	41	25,6	28,6

In interest: 100 62,4 69,7 The difference: -37,6 -30,3

# Weak, poorly balanced (melancholic)

No	last name	Background	When listening to	After listening to	
			classical music	classical music	
1.	Komilova Gulnozaxon	45	30	42	
2.	G'Ayratjon Qizi	32	17	37	
3.	Mamirova Xurshidaxon	30	39	41	
	Murodil Qizi				
	O'Rinboyeva Diyoraxon				
	Salimjon Qizi				
	Ехи	113	86	120	
	X	37,6	28,6	40	

In interest: 100 76,6 106,3 The difference: -24,94 +6,3

# **RESULTS AND DISCUSSION**

# 1. The results of our experiments made it possible to draw the following conclusions.

Classical singing influenced the emotional moods of the future music teachers, their temperament, and their compositional tendencies towards the art of music increased even more. In Sanguines with a highly indulgent temperament, increased exposure led to intense inner experiences..

2. Classical singing reduced such stress in prospective music teachers with high levels of nervous system arousal. In weak subjects, such classical singing had a strong effect on their nervous system, causing an increase in the emotional level of tension.

It can be said that classical singing reduced emotional stress by 22.6-37.6% in all remaining choleric and phlegmatic types. Such changes were also evident in people belonging to the weak type.

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